

# ACT FOR CAREGIVERS CANADIAN FORUM

Caring for the Caregiver



Please join us to learn about **Acceptance and Commitment Training (ACT) workshops** for family caregivers of people with neurodevelopmental conditions and other disabilities

## Who should attend?

Policymakers, managers, clinicians, community leaders, individuals with neurodevelopmental conditions and their caregivers, anyone interested in learning about our ACT model

### During the forum, you can expect to:

- Learn about our co-facilitated, evidence-based ACT model and its benefits for caregivers
- Discuss best practices related to clinician-caregiver collaborations
- Hear testimonials from agency leadership, workshop facilitators and workshop participants
- Identify resources to bring ACT to your community
- Connect with organizations and facilitators in your area engaged in this work
- Opportunity to join a community of practice to promote care for caregivers

### When:

- June 17, 2024
- 1:00 pm - 3:00 pm ET

### Location:

#### **In-Person:**

- Holland Bloorview Kids Rehabilitation Hospital (150 Kilgour Rd, East York, ON M4G 1R8)
- Other local locations may be available - more details to follow after registration

#### **Online:**

- Zoom links will be sent upon registration

**Register for  
free here**

